REBUILD

Boosting Livelihoods

EKITABO KY'ABEETABYE MU KUTENDEKEBWA

LUGANDA

INTERNATIONAL RESCUE COMMITTEE

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Ekiwandiiko ekinyonyola Pulogulaamu ya Re:Build

Ekigendererwa ekikulu ku pulogulaamu ya Re:Build: IRC yekulembedde mu pulojekiti eno okulaba nti etumbula embeera z'ababudami ne bana Uganda mu Kampala. Empeereza yaffe ekoleddwa kuyamba gwe mu businessi. Jjukira: pulogulaamu eno yabwerere eri gwe era nga tewetaaga ku IRC kintu kyonna leero yadde ne budde bwo mumaaso.

Tukuyozayoza okuba nga olondeddwa!

Biki byemusobola otusubiramu

Twatandika pulogulaamu eno eya bizinessi entono kubanga tumanyi nti obukugu mu kuddukanya bizinessi, bya nkizo nnyo mu kubeera ne bizinessi ennungi. Ekitundu ekisooka ku pulogulaamu kigenda kubeera ku '**Buyigirize (mentorship**.

Buli omu ku pulogulaamu eno muyizi oba muyigiriza. Buli muyigiriza (mentor) agenda kuweebwa abayizi oba ba "mentees" Abayigiriza balondedwa okusinzira ku budde bwebamaze mu buzinessi n'okwewayo okuyamba abalala mu bitundu byetubeeramu. Abayizi balondedwa kubanga bagala okutandikawo bisinessi oba okwongera okulakulanya bisinessi zabwe.

Mugenda kwogera ku bukoddyo, endowooza zamwe n'ebibasomooza nga bananyi buzinessi. Omuyigiriza (mentor) agenda kulembera, naye nga tusubira Mugenda kolera wamu nga akabondo okulaba nti buli businessi ekola bulungi. Twagala muwulire nga abali ku tiimu yemu era nga mwekubiriza , kugabana byemumanyi n'okukolera wamu okulaba nti bizinessi z'eyongera mumaaso.

Ekirala tubawadde **obutabo omuli ekitundu ekikwata ku bizinessi,** <u>ku lupapula nnamba 13 mu katabo.</u> Ekitundu kino kirimu ebibuuzo ku ngeri ez'enjawulo z'oyinza okusanga mu bizinessi yo mu nnaku ezabulijjo. Ekitundu kino kitekeddwa mu katabo okusinzira ku nonyereza egamba nti engeri ez'enjawulo zino ziyamba bizinessi entono okukula n'okukola ennyo. Naye, twetaaga kukozesa katabo kano singa oba toyagadde, kaliwo kuyamba.

Tukoze **n'obutambi obulimu ebifananyi oba obuzanye** nga era bwogera ku bizinessi. Obutambi buno buliwo kubayamba. Tusubiira obutambi buno okubayamba mu kunyonyola ebiwandikiddwa ku bizinessi mu butabo era n'okutandika enkiiko mukabondo ko. Osobola okubulaba mu budde woyagalidde.

Ekitundu eky'okubiri ku pulogulaamu ye **'business grant' oba ssente za bizinensi** nga zabo abayigiriza (mentors) n'abayizi (mentees). Buli omu wakufuna ssente zino nga ziyita ku mobile money.

Abayigiriza (mentors) bagenda kufuna ssente akakadde kamu 1,000,000 UGX ku lw'obudde bwabwe bwebagenda okuwaayo okubayigiriza n'okuyamba bizinessi zamwe okwongera okula. Tubebaza nnyo era okulaga ekyo, kunkomerero ya pulogulaamu tujjakuwa abayigiriza (mentors) ka bonus ak'akasiimo ka ssente 200,000 UGX. Akasiimo kano kajja kutuuka mu bbanga lya mwezi 6 ng'enkiiko ziweddeyo.

Abayizi bagenda kufuna ssente za bizinessi obukadde bubiri [2,000,000 UGX] okutandika oba okwongera mu bizinessi zabwe. Tubakubiriza, okukozesa ssente zino mu bizinessi. Olw'okuba empeereza eno kitundu ku kunonyereza, twagala okumanya ngeri ki zemukozesamu ssente zino n'olwekyo tusaba mubeere bamazima nga muddamu ebibuuzi byaffe kungeri gyemukozesamu ssente zino. Enkozesa ya ssente zino tegenda kossa kwetaba kwo mu pulogu;laamu eno yadde endala zonna.

Ensonga lwaki ssente zino zigenda kujja oluvanyuma lwa wiiki 6 eri nti, osobole okufuna akadde akakola enteekateeka , ku nkozesa ya ssente zino. Tubakubiriza okuteeka ssente zino mu bisinessi zamwe musobole okufunamu okumala akabanga akawerako naddala ebiseera eby'omumaaso!

Ekyo ky'ekitundu ekya "ssente za bizinessi' oba business grant ku pulogulaamu ya Rebuild.

Ekitundu eky'okussatu ku pulogulaamu ya ReBuild **z'essente z'entambula.** Abayizi bagenda kufuna ssente emitwalo abbiri (200,000UGX) mu budde obutali bwawala. Ssente zino zigenda kuyita ku mobile money. Ssente zino zirina okutambuza okumala ebbanga lya myezi 6 egya pulogulaamu. Olina okukakasa nti ssente zikumazako pulogulaamu yonna. Oyina okwetaba mu nkiiko buli wiiki nga okozesa ssente zino.

Ekyo kye kitundu kya ssente z'entambula ku pulogulaamu ya Re:Build

Ekitundu eky'okuna ku pulogulaamu ya Rebuild, egenda kuwa abantu omukisa okufuna ssente endala *nga ovudde* ku za biziness n'entambula. Ekitundu kino **kye ky'akalulu oba lottery.** Ogenda kufuna omukisa okuwangula ebirabo bya ssente nga bisinessi ya buli omu mu kabondoko nzigule. Singa bisinessi y'omuntu mu kabondoko nzigule, awo ogenda kuyingizibwa mukalulu. Kitegeeza nti , singa bisinessi zonna ssatu (3) ez'abayizi mu kabondo ko nzigule, buli muntu mu kabondo awangula ebirabo bya ssente bissatu (3).
Akalulu akasooka kakubeerawo mu wiiki 8. Abayizi mwenna, olina otubulira nga bizinessi yo nzigule. Awo omukozi wa IRC ajje okulambula n'okumanya w'okolera nga kw'ogasse essawa z'okoleramu. Edaala lino lyamugaso nnyo kuba lijja tusoboseza okukomawo okulambula bizinessi yo olulala.

Buli bizinessi enzigule oluvanyuma lwa wiiki 8 ejja kuyingizibwa mu kalulu. Akalulu kano kakolebwa kyuma oba 'computer'. Abawanguzi b'akalulu bajja kubeera bangi naye tekitegeeza nti buli omu ayingira akalulu ajja kulondebwa mu kyuma oba 'computer'

Ebisingako awo ku kalulu bisange ku lupapula nnamba 7 mu katabo kano. Jjukira nti, obungi bwa ssente z'owangula okuva mu kalulu zisinziira ku balala mu kabondo ko. N'olwekyo, kirungi nnyo okulaba nga mukolera wamu mu kabondo era nga mwekubiriza.

Ekyo ky'ekitundu ku kalulu mu pulogulaamu ya Re:Build.

Ekisembayo, oluvanyuma lw'emyezi 6, tujja kubeera n'omukolo gw'okutikira **n'ekipalati** buli omu amalayo pulogulaamu eno eya businessi entono ku ReBuild.

Okuddamu, ebyo **by'ebitundu ebitano** byemusobola okutusubiira mu
1. Obuyigirize
2. Ssente za bizinessi (business grant)

3. Ssente z'entambula
4. Omukisa okuwangula ssente endala ng'oyita mu kalulu
5. Ekipalati

Biki byetubasubiramu:

Tusaba **musisinkane era mutuuze enkiiko mu bubondo bwamwe** omulundi gumu mu wiiki okumala essawa 1 mu bbanga ly'emyezi 6. Mujja kusalawo nga akabondo wa wemunatuuza enkiiko zino. Mu nkiiko zino, Omuyigiriza ajja kulembera enkiiko zino . Tusubira nti enkiiko zino zigenda kubayamba atte nga Mugenda kwagala okusigala nga musisinkana nga pulogulaamu ewedde!

Nga musisinkana abantu mu pulogulaamu eno, kikulu nyo **okukuuma ekitiibwa n'okiwa abalala**. Okwemulugunya mu neyisa embi okwekika kyonna tekukirizibwa. Asanga obuzibu bwonna, okugeza towulira bulungi kubeera mu kabondo ne muyizi muno- tusaba okozese ennamba yaffe otubulireko. Ennamba zino n'ebikwata kwe'kyo bili mu katabo ko ku lupapula **nnamba 11**.

Pulojekiti eno erinna ebirubirirwa bibiri: okuddukirira gwe n'abantu abalala nga gwe era *n'okukola okunonyereza ku pulogulaamu ki ezisinga okukola naddala mumaaso.* Okusinzira nti eno pulogulaamu nayo ekola okunonyereeza, abantu abalala ku pulogulaamu nga gwe bagenda kufuna pulogulaamu eno yemu naye nga mulimu ebikyuseemu ebitonotono. Pulogulaamu zonna zikoleddwa kubaddukirira nga zikwataganira wamu n'embalirira yaffe era nga okulondebwa kwo okubeera mu pulogulaamu eno kukolebwa ekyuma oba 'computer.

Olw'okuba tugenda kola okunonyereza, **tusaba mwetabe mu k'ookya bibuuzo yenna** mu bbanga lino. Olwa kino, ekitongole kya 'Consortium for Research in Uganda oba (CRU)" kigenda kola omulimu gw'okunonyereza nga kiyita mu "k'ookya bibuuzo." Baamaliriza okwatagana naawe okuva muntandikwa era nga bajja kutambula naawe. Oli wa ddembe obutetaba oba obutamalayo "k'ookya bibuuzo" ono- kya bweyagalire- naye nga twandiyagadde wetabe kitusobosezze okumanya engeri gyetusobola okulongoosa pulogulaamu nga zino mumaaso.

Tujja kubeera ne "k'ookya bibuuzo" ono oluvanyuma lw'emyezi 3, emyezi 6, emyezi 9, emyezi 12 n'emyezi 18 so nga atte CRU (e kitongole ekikola okunonyereza) kijja kuwayo ka bonus 10,000 UGX olw'okwetaba mu "k'ookya bibuuzo" ono.

Manya nti ebiddibwamu byo eri CRU tebijjakosa buyambi buva mu IRC. IRC tegenda kumanya by'ogambye CRU. Twagala CRU ojiwe ebiddibwamu bwo byonna nga bwebiri tusobole okukola enongoosa ez'omumaaso.

Ekirala tugenda kubeera n'ekyuma eky'amassimu ekigenda okukubira lumu na lumu **okutuwa ebikwata ku pulogulaamu era ne bizinessi bwetambula.** Kino tekyetagisa, naye nga twandiyagadde wetabe. Bino bigenda tusobosezza okukola enongoosa ku pulogulaamu eri gwe n'abalala mu biseera by'omumaaso. Wagenda kubawo ka 'bonus' ku buli ssimu ekubwa.

Essimu kwetukufunira singa ebeera ekyusse, tusaba otutegeeze.
Singa oba ofunye essimu empya, tusaba era otutegeeze nga oyita ku nnamba y'essimu 0740 312 273.

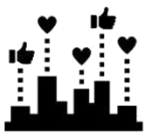
Okwetaba kwo kwa kyeyagalire era nga osobola okuva mu pulogulaamu obudde bwonna bw'oyagadde.

Okuddamu, bino wamanga by'ebbina byetubasaba nga abali ekitundu ku pulogulaamu ya ReBuild.

1. Okwetaba mu buyigirize (mentorship)
2. Okwewa n'okuwa ba 'member' abalala ekitiibwa
3. Okwetaba mu kunonyereza
4. Okututegeeza nga waliwo enkyukakyuka mu ssimu gyetukufunirako

Biki byetusubira okufunira wamu:

Ekigendererwa ekikulu okuva eri IRC **kwe kuddukirira banaffe ababundabunda n'abantu ababeera mu bitundu gyebawangalira.** Ababundabunda oba ba 'Refugee' be bantu abawulira oba abatalina buteefu mu nsi gye bava oba gyebazaliddwa. Ababundabunda bajja e Uganda nga bava mu nsi nga Congo, South Sudan, Somalia, Rwanda, Burundi ne 'walala. Bo n'abantu babwe bayisiddwa bubi, era nga ebintu byebwe n'ettaka oluusi n'abengganda zabwe babireka emabega basobole okufuna ebifo ewali obuteefu.



Pulogulaamu zaffe zikolera mu bitundu ebibeeramu Ababundabunda. Ffe tulowooza nga kya mugaso nnyo okuddukirira Ababundabunda n'okubawa ew'okubeera kubanga twagala buli omu mu bitundu bino nga kwogasse Ababundabunda, amaka gaffe, ne mikwano gyaffe awamu n'emilirwano okuyisibwa n'ekisa so si kubolebwa.

IRC yatandikawo pulogulamu ya ReBuild kubanga Ababundabunda, babeera munno mu Kampala era twagala bo ne ba na Uganda ababeera mu Kampala okuganyulwamu. Ba Refugee ne bana Uganda bagenda kwetaba mu pulogulaamu eno.

Okutwaliza wamu, pulojekiti eno erinna akakwaate ku buyambi obuva wabweru obuweebwa Ababundabunda ne banaUganda. **Mu Uganda, ebitundu 30% ku buli kikumi n'okweyongerayo ku buyambi obuva ebweeru nga bwa ba 'Refugee" oba Ababundabunda bugenda mu kuddukirira banaUganda.** Nga ogasse okutumbula bizinessi entono, obuyambi buno bukozeseddwa mu massomero, amalwaliro mu bitundu Ababundabunda mwebawangalira nga kwotadde ne Kampala. Amassomero na'malwaliro gazimbiddwa lwa ba na Uganda ne banaffe Ababundabunda okukozesa. Abawereeza obuyambi okuva ebweeru babuwereza kubanga Uganda yakiriza okuwa Ababundabunda obubuddamu. Ababundabunda bawereddwa omukisa okukola (okufuna bizinessi) basobole okuyingiza ssente.

Ekigendereerwa kyaffe ku pulojekiti eno kwe kuddukirira Ababundabunda be banaUganda mu Kampala mu bizinessi zabwe era nga tuli basanyufu nti oli kitundu ku pulojekiti eno.

Bino byetusubiira okufuna wamu ffena ku ReBuild. Tukuyozayoza okulondebwa era tukwaniriza ku pulogulaamu!

Akalulu ka ReBuild

Nga ovudde ku ssente za bizinessi, abayigiriza n'abayizi bajja sobola kuwangula ka 'bonus' singa buzinessi z'abayizi zikoze bulungi. Kino tukikoze kubanga twagala buli omu okuwulira ng'abalina akakwaate ku buzinessi ya munne.

1. Okututegeeza
Abayizi balina okutegeeza IRC nga businessi zabwe nzigule okuyingira mu kalulu

Buzinessi yo erinna okuba nga nzigule eokumala ssawa 20 buli wiiki atte nga ewereza ba kasitoma. Yita ku nnamba y'essimu 0740 312273.

2. Okukakasa
IRC yakukyalira buzinessi y'omuyizi okufuna ebigikwatako nga byakugikozesa okola 'spot-check ' mu budde bw'omumaaso

Ku buli businessi enzigule, akabondo kaba kafuna omukisa gumu okuyigizibwa mu kalulu

3. Okulondebwa
Ekyuma oba 'computer' egya kukozesebwa okulonda abanaaba bawangudde

Buli businessi erinna omukisa ogw'omwenkanonkano okulondebwa.

4. 'Spot-Check'
IRC egya kukyalira businessi yo nga tekutegeezeza

Kuno kugenda kusinzira ku kifo n'essawa z'okoleramu z'otuwadde mu kitundu nnamba 2. Businessi yo bweba teyisse spot=check, business endala egya kulondebwa.

Buli businessi y'omuyizi elondeddwa atte neyita 'spot-check', buli muyizi mu kabondo afuna ssente 75,000 UGX atte ye omuyigiriza wakufuna ssente 100,000 UGX!

Buli omu ali mu kabondo asobola okufuna emikisa 3-ku buli muyizi mu buli kalulu. Singa buli businessi y'omuyizi nzigule oluvanyuma lwa wiiki 8, wiiki 16 ne wiiki 24, akabondo kasobola ddala okuwangula akalulu emirundi 9 bwebaba nga bamukisa. Kitegeeza ssente 675000 UGX (buli muyizi 3*wiiki 3*75000 UGX) eri abayizi atte bo abayigiriza, 900000 UGX singa akabondo ka mukisa!

WETEGEREZE: Businessi z'abayizi **zirina okukakasibwa** okuyingira akalulu, naye sibuli business ekakasidwa egya kulondebwa newankubadde yayingizibwa mu kalulu.

S

Entambula y'obudde mu Pulogulamu y'obuyigirize ku Re:Build

Olugendo lwo ku pulogulamu y'obuyigirize ku Re: Build lusubirwa kugenda bweluti. Manya nti buno obudde tuteberezabutebereza, ebimu biyinza okulwawo. Tweyanziza obugumikiriza bwamwe.

✳ Okunyoonyereza
➢ Pulogulaamu ◈ Akalulu

Olunaku	Obudde	Emirimu Egyisubirwa
	Entekateeka ya pulogulaamu	✳ Entekateeka ya pulogulaamu ➢ Okutongoza pulogulaamu
	Wiiki 1	➢ Olukiiko lwababuulirizi buli mwezi lutandika ne lugenda okutuuka mu wiik 25. ➢ Okunoonyereza ku kukakasa bizinensi ya IRC kutandika era kugenda mu maaso okutuusa wiiki 25 – Abayizi balina okutegeeza IRC nga bizinensi yaabwe emaze okuggulwawo – IRC ejja kukyalira okukung'aanya amawulire okusobola okukeberebwa mu kifo.
	…	
	Wiiki 4	➢ Olukiiko lwababuulirizi buli mwezi lutandika ne lugenda okutuuka mu wiik 24
	Wiiki 6	➢ Ssente za businessi
	Wiiki 8	◈ Akalulu akasooka mu businessi enzigule
	Wiiki 9	◈ IRC okola 'spot-check mu bawanguzi n'okusasula
	…	
	Wiiki 12	✳ Okunonyereza okuva eri CRU
	…	
	Wiiki 16	◈ Akalulu ak'okubiri mu businessi enzigule
	Wiiki 17	◈ IRC okola 'spot-check mu bawanguzi n'okusasula
	…	
	Wiiki 21	✳ Okunonyereza okuva eri CRU
	…	
	Wiiki 24	◈ Akalulu ak'okussatu mu businessi enzigule.
	Wiiki k 25	◈ IRC okola 'spot-check mu bawanguzi n'okusasula
	Wiiki 26	➢ Okutikira : Ekipalati eri buli omu ➢ Akasiimo k'abayigiriza
	…	
	Omwezi 6	✳ Okunonyereza okuva eri CRU
	Omwezi 9	✳ Okunonyereza okuva eri CRU
	Omwezi 12	✳ Okunonyereza okuva eri CRU
	Omwezi 18	✳ Okunonyereza okuva eri CRU

Ekiwandiiko ky'amateeka/ enkola effuga eneeyisa mu pulogulaamu y'obuyigirize ku Re:build

Okwanjula

IRC essubira nti abakozi bonna b'ekola nabo, b'ekolagana nabo ne ba 'client' okukuma amateeka agatereddwawo. Nga abetabi ku pulogulaamu eno ey'obuyigirize ku ReBuild, osubirwa okugoberera amateeka gano. Aateeka gano galiwo kuyamba kuuma obwesige n'okuzimba enkolagana z'obuyigirize atte era n'okukakasa nti buli omu ayisiddwa bulungi.

Enneyisa/Empisa etakirizibwa

Enneyisa/Empisa ezitakirizibwa zezino wamanga

- Okutulugunya okwekika kyonna
- Enjogera embi, okuvuma, okutunilra abalala obubbi, okukwata, okutuusa obulabe ku muntu omulala, okutisatisa, okuteesa oba okusaba omuntu omula mu buntu oba ku ssimu oba okuyita ku mpuliriziganya yonna.
- Ebikolwa bino si byakitiibwa era bivola ate era biswaza. Tebikirizibwa mu IRC.

Abayigiriza n'abayizi

Nga omwetabi ku pulogulaamu y'obuyigirize ku Rebuild, nzikiriza:

- Okuwa abalala mu pulogulaamu y'obuyigirize eno ekitiibwa.
- Okwewala okwogera ebitasanidde, okuvuma, okutunulira abalala obubbi, okukwata , okulumya, okutiisa, okusabasaba abetabi abalala
- Okufaayo okufiisa obudde eri pulogulaamu y'obuyigirize : okugenda mu nkiiko nga bwebansabye okumala essawa 1 buli wiiki.
- Okumanya n'okutegeera entabika y'abantu ku pulogulaamu y'obuyigirize n'okussa ekitiibwa mu butonde bwaffe naddala ebika eby'enjawulo gyetuva
- Okukuuma ebyama
- Okuyamba banange okutereza ebizibu ebiyinza okwogerwa mu nkiiko naye nga bisobola okubakosa mu ngeri emu oba endala.
- Okutegeeza omukozi wa IRC ku biki ebiyinza okunteganya okusinzira ku betabi abalala.

Okutereeza enneyisa etakirizibwa

Buli mwetabi mu pulogulamu y'obuyigirize alina okugoberera ekiwandiiko kino ekikwasisa empisa era n'okukola ensalawo ezisanidde okukakasa nti eneyisa etakirizibwa tebeerawo.

Singa oba toyisiddwa bulungi okuva eri omwetabi omulala, okirizibwa okutegeeza omuntu oyo okulekerawo. Oluusi kino kisoboseza omuntu oyo okukomya empisa eyo. Singa omuntu oyo takyusamu, osobola okuloopa eri:

1) Omukozi wa IRC ku Livelihood Resource Center (LRC)-Nsambya Gogonya Bypass-Zzembe Road
2) Kuba essimu, sindika obubaka oba whatsapp ku: 07403122732
3) Kuba essimu yobwerere ng'oyita ku: 0800 200 506 oba 0200925971

Bwoba wetaaga obuyambi obusingako, IRC esobola okusindika eri obujanjabi, ow'amateeka oba ow'embeera z'abantu okufuna obuyambi.

Okulwanyisa Okwesasuza/Okutulugunyizibwa

Okwesasuza/ okutulugunyizibwa okwekika kyonna eri omuntu omulala ku pulogulaamu eno, nga aloopye ku nneyisa etakirizibwa gy'alabye oba eyetaba mu kunonyereza ku nsonga yemu nakyo tekirizibwa.

Okukuuma Ebyama

Singa oba oloopye ensonga yo, egya kutunulibwamu mu bwangu. Bwekiba kyetaagisa, okunonyereza kugya kolebwa. IRC egya kuuma ensonga yo nga ya kyama nga bwesobola.

Omukono:

Erinnya:

Ataddeko omukono:

Ennaku z'omwezi:

Emikutu gy'okuddamu okuddamu kwa ba 'client'

IRC yewaddeyo okubawuliriza n'okuddamu obubaka bwamwe bwemuwayo.

- ✓ Tuwuliriza ba 'client' baffe era nga tukozesa ebiteeso byabwe okukola ensalawo.
- ✓ Tuwuliziganya ne ba 'client' baffe engeri byebateesa gye bitegeezezzamu ebikolwa byaffe

Kino kifuula empeereza yaffe okwongera ……

Okuleeta enkyukakyuka	Esaanidde	Okwatagana	Obuvunaanyizibwa

Tujja…

- ✓ Kuddamu mu bbanga lya nnaku 7
- ✓ Kusindika byetutasobodde eri abalala abasobola okubikwasaganya , bwekiba kisobose .

Yogerako naffe...

Singa ofuna okusoomozebwa kwonna ku pulogulamu y'obuyigirize eya Re:Build- okugeza bwoba oyagala okuloopa ekikweralikiriza kyonna, nsaba otuukirire abakozi ba IRC ng'oyita mu ngeri zino wamanga:

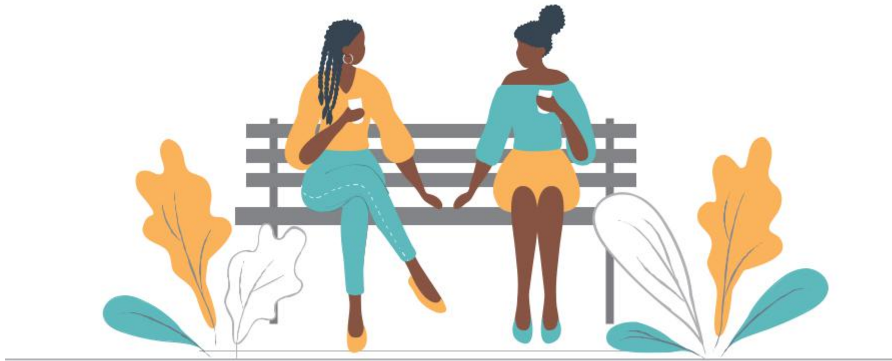
1. Jangu oyogere n'omukozi wa IRC ku office ya Livelihood Resource Center (LRC) e Nsambya Gogonya, Bypass-Zzembe Road.
2. Kuba essimu yobwerere ku 0800 200 506 oba 0200925971
3. Kuba, sindika obubaka oba whatsapp ku : 0740312273
4. Sindika obubaka ku : ugurban.feedback@rescue.org
5. Wandiika obubaka obuyise mu bu 'box' bwaffe obw'ebiteeso obuteeke mu bifo 3 wamanga:
   a) Ku IRC livelihood Resource Center (LRC)- Nsambya Gogonya Bypass-Zzembe Road
   b) Ku office za – Raising Gabdho foundation mu Makindye
   c) Ku office za- MAKASI Rescue Foundation e Najjanankumbi

Singa oba okyusizza ennamba y'essimu oba n'ofuluma Kampala, tutegeeze mu ngeri zino wamanga:

1. Kuba essimu, sindika obubaka oba whatsapp ku: 0740312273
2. Kuba essimu eyobwerere ku 0800 200 506 oba 0200925971

Ebikwata ku butabanguko obuva/okusinzira ku kikula ky'abantu

IRC Eri wano okukuwagira!



- ✓ Obakozi ba IRC basolobola okuyamba singa oba ofunye ebigambo ebitasaana, eneyisa,ebiteeso oba okutiisatiisa mukiseera ky'obuyigirize bwo.
- ✓ Singa oba oyisse mu bwogeddwako waggulu, osobola:

1. Ku mbeera ez'amangu oba obuyambi obwamangu nsaba oloope ku **ddwaliro** eri kuri okumpi oba ku **police.**
2. Loopa eri IRC ng'oyita ku nnamba oz'obwerere ku nsonga z'obutonde n'okwekuuma
   - ➢ 800331331
   - ➢ 800331332
   - ➢ 800331333
3. Loopa eri abakozi ba IRC abakola kunsonga z'obutonde wamanga. Bw'oba weetaaga obuyambi obulala IRC esobola okukusindika eri abakugu mu by'obujjanjabi, eby'amateeka oba eby'embeera z'abantu abatuufu ab'omukitundu okufuna obuyambi.
4. Empereeza zaffe zona ku IRC zabwerere. IRC ekola okuva essawa 8 ez'okumakya paka essawa 5 ez'olwegulo

Erinnya ly'omuntu omukulu.	Omutwe	Ennamba y'esimu
Bridget Onubia	GBV Focal point	0777905431
Scovia Auma	GBV Response Officer	0781442273
Sarah Rasam	GBV Response Officer	0773993895
Mathew Okot	Protection Officer Focal Point	0785319356
Eric Okello	Protection Officer	0774680906
Samson Namonyo	Protection Officer	0789044914
Maureen Apili	Legal Officer	0788103960
Elizabeth Tusiime	Legal Officer	0779667877

Ekitabo ky'okukola ku birimu bizinensi

OLUKIIKO LUGGULAWO: Okumanyagana

Ekitabo kino eky'olukiiko lw'okutongoza kikoleddwa okuyamba ggwe ne bammemba b'ekibiina kyo okumayagana. Kozesa ebibuuzo n'obulagirizi obuli wansi okulungamya emboozi yo n'okuteekateeka enkiiko z'ekibiina kyo.

Ebitandika emboozi

1. Tubuulire ebikukwatako. Osobola okugabana ekintu kyonna ky'oyagala. Ova wa? Okola ki okusanyuka?

   Okutandika okwegezamu, ndowooza nti kirungi singa ffe abasigadde tuwuliriza ne tusirika nga buli omu anyumya emboozi ye.

Eri omuyigiriza okuddamu:

Bambi tubuulireko bizinensi yo mu bujjuvu. Bintu ki by'otunda oba by'okola?
Tubuulireko engeri gye watandikamu bizinensi yo.
Bisoomozo ki bye wasanga era wabivuunuuka otya?

Eri buli omu okuddamu:

Olina buzinensi mu kiseera kino? Otunda ki oba olowooza kutandika kutunda ki?
Esangibwa wa era osuubira gitandika wa?
Olina kigendererwa ki mu bizinensi eno?
Bisoomozo ki ebikusingira obunene?

Okuteekateeka enkiiko z'omumaaso:

Tuwanyisiganye ennamba z'amassimu.
Muteeketeeke omukutu gwa Whatsap mu kakundi kammwe bwekiba kisoboka.
Musalewo 'budde ki ne 'bifo byemunaakunganiiramu wiki ejja.

Omulamwa nnamba 1: Okwetegekera Okutandikawo Bizinensi

Ebitandika emboozi

1. Obeera ne famire yo wano mu Kampala? Ani ali mu maka go?
2. Wakulira wa? Famire yo eva wa?

EBIRIMU VIDIYO: Kakasa nti vidiyoewerekeddeko mu kitundu jino! Akatambi kano kawandiikiddwaako nti ‘ Okwetegekera okutandikawo bizinensi

Okubumbako:

Waliwo ensonga 3 enkulu ze twetaaga okulowoozaako nga tutandika bizinensi.

Obulamu bw‟omuntu: Okwagala okukola ekintu, ebintu by‟ayagala n‟ebintu by‟ayagala, obulamu bw‟amaka, embeera y‟obulamu n‟ebirala.

Ebyetaagisa okuddukanya bizinensi: eby’ensimbi, abakozi, ebyuma/ebyuma, ebikozesebwa ebisookerwako, n’ebirala.

Engeri y’okuddukanyaamu bizinensi mu kitundu: ekifo, gavumenti, enkola/ebiragiro, ebikozesebwa, ebyenfuna by’ekibiina, okuvuganya, akatale, obuwangwa, n’ebirala.

Ebibuuzo Ebikubaganya ebirowoozo:

1. Wali obaddeko ku bunkenke okugezaako ekintu ekipya oba eky’enjawulo naye nga wakikola mu ngeri yonna?
2. Nnongoosereza ki z’olina okukola oba okulowoozaako ku bulamu bw’omuntu ku bubwe, ebyetaago bya bizinensi yo, oba embeera eri mu kitundu ng’otandika oba ng’oddukanya bizinensi?
3. Kiki, oli ku bunkenke ku bikwata ku kutandikawo bizinensi?
4. Kusoomoozebwa ki kw’olina mu kiseera kino okutandika oba okulabirira bizinensi yo? Ebimu ku bigonjoola by’ogezezzaako okutuusa kati bye biruwa?
5. Kiki ekikwenyumirizaamu oba ekikucamula bizinensi yo?

Omulamwa nnamba 1: Okumnya kasitoma yo ne gy'abeera

Ebitandika emboozi

1. Muziki ki oba eby'amasanyu by'oyagala ennyo? Oyagala nnyo okuzina?
2. Olina omuzannyo gw'onyumirwa mu biseera byo eby'eddemb?

EBIRIMU VIDIYO: Kakasa nti vidiyoewerekeddeko mu kitundu jino! Akatambi kano kawandiikiddwaako nti '*Okumnya kasitoma yo ne gy'abeera*'

Okubumbako:

Okwetaaga: obwetaavu/okwagala ekintu kyo oba empeereza yo mu kitundu

- Kikulu okulowooza ku ani **asaba** ekintu kyo/empeereza yo osobole okutuukiriza ebyetaago bya **bakasitoma bo**

Okuvuganya: abantu abalala/bizinensi bwe baba nga bawaayo ekintu oba empeereza y'emu

- Era kikulu okulowooza ku ani **gw'ovuganya** naye, osobole okuteekateeka engeri gy'oyinza okufuula bizinensi yo ey'enjawulo okusikiriza **bakasitoma**.
- Bwe wabaawo abantu bangi abatunda ekintu kye kimu oba abawa empeereza y'emu, kiyinza okukaluba okufuna bakasitoma

- **Amagezi ag'okwongera ku kutunda:**
  - Kyalira bizinensi z'abavuganya olabe emiwendo gyabwe, ebintu byabwe, n'empeereza zaabwe
  - Yogerako ne bakasitoma okuva mu bizinensi y'abavuganya olabe kye baagala
  - Okusikiriza bakasitoma ng'ofuna eky'enjawulo

Ekifo: Bw'omala okumanya bakasitoma bo be banaaba, osobola okulonda **ekifo** ekisinga obulungi bizinensi yo

- **Amagezi ag'okwongera ku kutunda:**
  - Kyangu eri bakasitoma okutuuka
  - Lowooza ku kubeera okumpi ne bizinensi ezifaananako n'eyiyo
  - Kumpi n'ekifo ekitaliiko bulabe era eky'obukuumi okutereka ssente zo n'ebyamaguzi byo.
  - Awali okwetaaga ekintu oba empeereza gy'ogenda okuwaayo,
  - Lowooza ku ky'okukola ne bulooka ku bifo ebisinga obulungi ebiriwo

Ebibuuzo Ebikubaganya ebirowoozo:

1. Lwaki bakasitoma beetaaga ekintu kyo oba empeereza yo?
2. Ani omulala awaayo ekintu oba empeereza eno mu kitundu? Oyinza otya okufuula bizinensi yo ey'enjawulo?
3. Oyinza otya okukolagana n'abantu abalala mu kitundu abakola mu bizinensi efaananako bwetyo?
4. Lowooza ku kifo w'ogula ekintu oba empeereza mu kitundu kyo. Bizinensi eyo eri mu kifo kirungi? Kiki ekigifuula ekifo ekirungi?
5. Ekifo ekirungi kyandibadde ludda wa bizinensi yo? Lwaaki?
6. Okozesezza broker oba omanyi omuntu alina? Ebyo bye bayitamu byali bitya

EKIWANDIKO EKIKUWEBWA: BA KASITOMA BANGE

Ekirowoozo kyange ku Bizinensi:		
Ani yandiguze ekintu kyange oba obuweereza?	Lwaki bandikigulidde ku nze?	Bandikisasulira ssente mmeka?

EKIWANDIKO EKIKUWEBWA: EKITUNDU KYANGE KYA BIZINENSI

Ekirowoozo kyange ku Bizinensi:	
Ekifo kya Bizinensi yange	Engeri ekifo kino gye kituukirizaamu ebyetaago bya bakasitoma bange

Omulamwa nnamba 3: Okutunda n'okugereka emiwendo

Ebitandika emboozi

1. Wajja ddi e Kampala? Lwaki wasalawo okujja wano?
2. Ekibuga okisanga otya?

EBIRIMU VIDIYO: Kakasa nti vidiyoewerekeddeko mu kitundu jino! Akatambi kano kawandiikiddwaako nti *'Okutunda n'okugereka emiwendo'*

Okubumbako:

Okutunda: emirimu egikolebwa okutumbula ekintu kyo oba empeereza yo eri bakasitoma n'okwongera ku kutunda.

Ekyamaguzi: ekintu oba empeereza gy'osazeewo okutunda. Lirina okwawulwamu mu ngeri emu oba endala ku y'abatunzi abalala. Oyinza n'okuwaayo ebintu oba empeereza ezisukka mu emu, eyitibwa diversifying, okusikiriza bakasitoma.

Ebbeyi: bbeeyi gy'oteekawo ku kintu kyo erina okuba wansi ekimala okusikiriza bakasitoma ate nga ya waggulu okusobola okuwa bizinensi yo amagoba.

Ekitundu: w'otunda ekintu kyo kirina okuba okumpi ne bakasitoma bo so si wala nnyo okuva w'oggya ebigimusa n'okutereka.

Okukuza : olina okunoonya engeri gy'oyinza okubuulira bakasitoma bo ku bintu byo, okugeza ng'oyita mu bipande, samples ez'obwereere, n'okusasula ebisaanyizo.

Ebibuuzo Ebikubaganya ebirowoozo:

1. John okuva mu vidiyo gye waakalaba yasikiriza atya bakasitoma bangi?
2. Ggwe n'omubuulizi wo musikiriza mutya bakasitoma? Otegeera otya buli kimu ku bino wammanga era lwaki?
    a. Ekyamaguzi
    b. Ekifo
    c. Omuwendo
    d. Okukuza
3. Biki ebimu ku bintu bye wayiga mu kitundu kino?
4. Obukugu buno ojja kukozesa otya mu bulamu bwo ne/oba bizinensi yo?

Okwekkaanya!

1. Ogezezzaako okussaamu ekirowoozo kyonna okuva mu wiiki ewedde? Olina ekibuuzo ekirala kyonna ky'oyagala ekibiina okuva lwe twasembayo okukubaganya ebirowoozo?
2. Kiki ekyasinze okukusoomooza mu bizinensi yo wiiki eno? Okola otya okukivvuunuka? Waliwo omuntu omulala yenna mu kibinja ekyo eyayolekagana n'okusoomoozebwa okufaananako bwe kutyo?

EKIWANDIKO EKIKUWEBWA 11: ENGERI GYE NSIKIRIZAAMU BAKASITOMA?

Ekirowoozo kyange ku Bizinensi	
Kiki kye nnandikoze mu ngeri ey'enjawulo okusikiriza bakasitoma bangi?	Kiki kye nnandigambye mu ngeri ey'enjawulo okusikiriza bakasitoma bangi?

Omulamwa nnamba 4: Enteekateeka ya bizinensi

Ebitandika emboozi

1. Ekisinga okukukubiriza mu mulimu gwo: ssente, obwagazi, banno okussa ekitiibwa mu bantu oba ekintu ekirala.
2. Kiki ky'okola okusigala ng'olina ekiruubirirwa

EBIRIMU VIDIYO: Kakasa nti vidiyoewerekeddeko mu kitundu jino! Akatambi kano kawandiikiddwaako nti *'Enteekateeka ya bizinensi*

Okubumbako:

Ekiruubirirwa kintu omuntu ky'akola okutuukiriza.

- Mukubaganye ebirowoozo ku njawulo eriwo wakati w'ekiruubirirwa eky'ekiseera ekitono n'eky'ekiseera ekiwanvu:
    - **Ebiruubirirwa eby'ekiseera ekiwanvu**: Ebiruubirirwa ebiyinza okutuukirira mu bbanga eddene lyokka, gamba ng'omwaka gumu oba okusingawo. Okugeza okugenda mu yunivasite oba okuzaala abaana babiri.
    - **Ebiruubirirwa eby'ekiseera ekitono**: Ebiruubirirwa ebiyinza okutuukirira mu myezi mukaaga, gamba ng'okuyonja ennyumba leero oba okuyita ebigezo mu myezi ebiri.
- Ebigendererwa ebisinga obulungi birina engeri zino wammanga eza SMART. **S**pecific – You should know exactly what you want to accomplish. ***Kilondemu** - Olina okumanya bulungi kyoyagala okutuukiriza*
  Measurable – You should be able to gauge progress towards goals. ***Ebipima** - Olina okusobola okupima enkulaakulana okutuuka ku biruubirirwa*
  Achievable – The goal should be something you can achieve.
  ***Ebiyinza okutuukirira** - Ekigendererwa kirina okuba ekintu ky'osobola okutuukako.*
  Realistic – You should be able to achieve the goal within the timeframe.

  ***Eky'amazima** - Olina okusobola okutuukiriza ekiruubirirwa mu kiseera ekigere.*

  Time bound – You should set time limits to reach the goal.

***Ebiseera bisibiddwa** - Olina okuteekawo ebiseera ebigere okutuuka ku kiruubirirwa.*

- Tusobola n'okuteekawo ebiruubirirwa mu bizinensi yaffe, ng'okukola **enteekateeka ya bizinensi.**

Ebibuuzo Ebikubaganya ebirowoozo:

1. Biki ebimu ku biruubirirwa eby'ekiseera ekitono n'eby'ekiseera ekiwanvu by'otaddewo?
2. Bukodyo ki bwe wakozesa okutuukiriza ebigendererwa bino?
3. Wali okozeeko enteekateeka ya bizinensi emabegako? Kiki kye wayiga ku nkola eno?

Okwekkaanya!

1. Ogezezzaako okussaamu ekirowoozo kyonna okuva mu wiiki ewedde? Olina ekibuuzo ekirala kyonna ky'oyagala ekibiina okuva lwe twasembayo okukubaganya ebirowoozo?
2. Kiki ekyasinze okukusoomooza mu bizinensi yo wiiki eno? Okola otya okukivvuunuka? Waliwo omuntu omulala yenna mu kibinja ekyo eyayolekagana n'okusoomoozebwa okufaananako bwe kutyo?

EKIWANDIKO EKIKUWEBWA: ENTEGEKA YANGE EYA BIZINENSI

Erinnya lya bizinensi:
Nnyinimu (bannannyini):
Okwoogera eri:
Ennamba y'essimu:

Ennyonnyola ya Bizinensi:

Okwekenenya Akatale - Kasitoma Wo y'ani?

Enteekateeka y'okutunda - Engeri y'okuzifunamu:

Enzirukanya ya bizinensi:

Emirimu gya Bizinensi:

Obulabe Obukulu:

Enteekateeka y'okutandikawo bizinensi:

Enteekateeka y'omu maaso:

Omulamwa nnamba 5: Amagoba, Okukola Embalirira, n'Okuffisa

Ebitandika emboozi

1. Kitundu ki ekyasinga obulungi mu wiiki yo wiiki ewedde?
2. Kiki ab'omu maka go kye baasinga okusanyukira oba okusanyukira wiiki eno?

EBIRIMU VIDIYO: Kakasa nti vidiyoewerekeddeko mu kitundu jino! Akatambi kano kawandiikiddwaako nti *'Amagoba, Okukola Embalirira, n'Okuffisa'*

Ekiruubirirwa:

Amagoba n'okukola embalirira

Ebisale by'obulamu: Ebisale by'ebintu by'olina okuba n'obukuumi n'obulamu obulungi.

Okwagala: Wadde ng'ebyo ebimu by'oyagala bikulu okusinga ebirala, bino by'osobola okwongezaayo okutuusa oluvannyuma bwe kiba kyetaagisa

Ensaasaanya ya Kapito: Omuwendo gwonna ogw'ebintu by'olina okugula omulundi gumu gwokka okusobola okutandika bizinensi.

Ensaasaanya y'emirimu: Ensaasaanya gy'olina okusasula okusobola okusigala ng'oddukanya bizinensi yo.

Amagoba = Okutunda - Ebisale by'emirimu

- Okukola amagoba, emiwendo gyo girina okuba waggulu okusinga ku nsaasaanya yo.

Okwawula Ensimbi z'Omuntu n'eza Bizinensi

Ensimbi za bizinensi: ssente ezisaasaanyizibwa mu kuddukanya bizinensi yo, n'amagoba g'ofuna mu bizinensi yo

Ensimbi z'omuntu: ssente ezisaasaanyizibwa ku nsaasaanya yo eya buli lunaku omuli, naye nga tekikoma ku, emmere, engoye, n'obupangisa.

Okutereka

Okutereka

Okutereka: okuteeka ssente ku bbali okukozesa okuzikozesa oluvannyuma

Okuddukanya ssente mulimu: okutereka ssente, okukozesa ssente, okuteekateeka engeri gy'ogenda okukozesaamu ssente zo, n'okulondoola engeri gy'okozesaamu ssente zo.

Emitendera gy'okutereka
1. Londa Ekiruubirirwa ky'Okutereka.
2. Kola Enteekateeka y'okutereka.
3. Manya enjawulo eriwo wakati w'ebyo by'oyagala n'ebyo by'oyagala
4. Okufuga ensaasaanya
5. Lowooza ku biseera eby'omu maaso era otegeke ebyetaago byo
6. Teeka buli kiseera.
7. Teeka mu kifo ekirungi.

Ebibuuzo Ebikubaganya ebirowoozo:

1. Osobola okukozesa Handout okuyamba okubala amagoba ga Hawa
2. Osobola okukozesa Ekitabo kino okubala amagoba ga bizinensi yo
3. Lwaki kikulu okwawula ssente z'omuntu ku bubwe n'eza bizinensi?
4. Ebikozesebwa (ssente) biweebwa bitya mu Maka go? Ani asalawo engeri ssente gye zikozesebwamu oba engeri ssente gye ziterekamu?
5. Ebimu ku kusoomoozebwa oba obuwanguzi bw'ofunye olw'okutereka bye biruwa

EKIWANDIKO EKIKUWEBWA: ENSONGA Z'AMAGOBA

EMBEERA Y'AMAGOBA 1: HAWA EFUNA AMAGOBA

Hawa mwetegefu okukola endongo ze 10 ezisooka. Ebidomola by'amabaati abisolooza mu kkolero ly'ebidomola n'asaasaanya ddoola 100 ku bintu ebirala by'aba yeetaaga.

Ebikozesebwa bye byonna abikozesa okukola endongo 10. Engoma bwe zibeera ziwedde atandika okuzitunda mu katale. Wiiki bw'eggwaako ng'engooma zonna 10 azitunda ku ddoola 40 buli emu.

Osobola okuyamba Hawa okubala amagoba ge mu wiiki eyo?

EMBEERA Y'AMAGOBA 2: ESSAALE Y'EMIRIMU MU HAWA EGYONGERA

Hawa asaasaanya ddoola 100 ku bikozesebwa bye.

Era asalawo okugenda mu katale mu bbaasi, emumalako ddoola 20.

Ebikozesebwa bye byonna abikozesa okukola endongo 10. Wiiki we ziggwaako, Hawa etunda endongo zonna 10 ku doola 40 buli emu.

Osobola okuyamba Hawa okubala amagoba ge mu wiiki eyo? Kikyuse kitya? Lwaaki?

Eby'okuddamu ku lupapula oluddako

EKIWANDIKO EKIKUWEBWA: AMAGOBA GANGE

Ekirowoozo kyange ku Bizinensi
Okutunda (ebintu bimeka bye nja okutunda x omuwendo gwa yuniti) - Ebisale by'emirimu = Amagoba
Amagoba:

Eby'okuddamu okuva ku lupapula oluyise
Enkola y'amagoba 1: ddoola 300
Enkola y'amagoba 2: ddoola 280

EKIWANDIKO EKIKUWEBWA: EMBALIRIRA YANGE

Ekirowoozo ku Bizinensi:

Ensaasaanya y'emirimu

+

Ebisale by'Obulamu

+

Ensaasaanya Endala
(Okusasula looni, okutereka n'ebirala)

+

Ebyetago

= **Ensaasaanya yonna awamu**

By'otunze

Amagoba (By'otunze - Ensaasaanya) .

EKIWANDIKO EKIKUWEBWA: Olupapula lwange olw'okukola ku nteekateeka y'okutereka

Ekiruubirirwa ky'okutereka	**Okugatta** (Ensimbi z'ekintu)	**Bya ddi?**	**Omuwendo gw'olina okukekkereza Buli Lunaku/Wiiki/Omwaka**

Okwekkaanya!

1. Ogezezzaako okussaamu ekirowoozo kyonna okuva mu wiiki ewedde? Olina ekibuuzo ekirala kyonna ky'oyagala ekibiina okuva lwe twasembayo okukubaganya ebirowoozo?
2. Kiki ekyasinze okukusoomooza mu bizinensi yo wiiki eno? Okola otya okukivvuunuka? Waliwo omuntu omulala yenna mu kibinja ekyo eyayolekagana n'okusoomoozebwa okufaananako bwe kutyo?

Omulamwa nnamba 6: Okubala ebitabo n'okukuuma ebiwandiiko

Ebitandika Emboozi

1. Ogenda mu kkanisa oba mu muzikiti? Eddiini yo nkulu etya gy'oli?
2. Kiki ky'ojjukira ng'okyali mwana muto?

EBIRIMU VIDIYO: Kakasa nti vidiyoewerekeddeko mu kitundu jino! Akatambi kano kawandiikiddwaako nti *'Okubala ebitabo n'okukuuma ebiwandiiko'*

Okubumbako:

Kukuuma ebiwandiiko bya bizinensi: okukuuma ebiwandiiko ebituufu eby'emirimu gyonna egya bizinensi kiyinza okuyamba okubala amagoba n'okuddukanya ebintu ebirala

Olupapula lw'enyingiza/ensaasaanya: kino kwe kulondoola ssente zonna eziva mu bizinensi yo (ebisale byo) ne ssente zonna eziyingira (okutunda ebintu byo). Kiyinza okukuyamba okutegeera oba okola amagoba oba okufiirwa ku lunaku/wiiki/omwezi oguweereddwa era oba oli ku mulamwa gw'okutuuka ku biruubirirwa byo.

Lisiiti kwe kukakasa nti kasitoma aguze, eraga ebintu ebitongole bye yagula, omuwendo gw'ebintu bye yagula ne ssente mmeka ze yasasula bonna awamu olw'ebyo bye yagula.

Lisiiti esobozesa bakasitoma ne bizinensi okuba n'ekiwandiiko ky'ebyo ebyatundibwa n'ebyo ebyagulibwa.

Lisiiti ekolebwa kkopi bbiri; emu ya bizinensi ate endala ya kasitoma. Olina okukola kkopi za foomu za lisiiti olwo ne wabaawo ebimala buli lunaku lwa bizinensi.

Okukuuma ebiwandiiko by'ebintu: kikusobozesa okulondoola ebintu n'ebikozesebwa ebijja mu bizinensi yo, n'okukakasa nti byonna bibalwa. Era kijja kukusobozesa okulaba ebintu by'olina okugula ennyo ne ddi.

- Kozesa **Olupapula lw'Okulondoola Ebintu Ebiwandiike** okwegezaamu
- **Abeetabye mu kutendekebwa bulijjo basobola okukola enkyusa yaabwe ey'Olupapula lw'Okulondoola. Template eno kyakulabirako ky'oyinza okukozesa**.

Ebibuuzo Ebikubaganya ebirowoozo:

Waliwo omuntu yenna akozesa ekirowoozo kino mu bizinensi gy'akola kati? Osobola okutulaga engeri gy'okikolamu n'okuwa ekyokulabirako ekigere?

EKIWANDIKO EKIKUWEBWA: ENNYINGIZA N'ENSASANYA

Olunaku	Ennyonnyola	Ebbanja	Ssente enkalu mu	Ssente Enkalu ezifuluma	Bbalansi ya Ssente Enkalu
	Balance Ereeteddwa Mu maaso				
	Balance Ereeteddwa Mu maaso				
	Balance Ereeteddwa Mu maaso				

EKIWANDIKO EKIKUWEBWA: SAMPLE Y'OLUPAPULO OLW'OKULONDOOLA EBINTU

Olunaku olw'omweezi			
Olunaku olw'omweezi	**Bbeeyi y'okugula**	**Omuwendo**	**Ekifo**
Pair ya Scissors	Doola 150	3	Ekisenge eky'emabega
Kaadi z'okusasa	2 Doola	10	Ekisenge eky'emabega
Ekkalaamu	100 dollars	5	Ekisenge eky'omu maaso

Okwekkaanya!

1. Ogezezzaako okussaamu ekirowoozo kyonna okuva mu wiiki ewedde? Olina ekibuuzo ekirala kyonna ky'oyagala ekibiina okuva lwe twasembayo okukubaganya ebirowoozo?
2. Kiki ekyasinze okukusoomooza mu bizinensi yo wiiki eno? Okola otya okukivvuunuka? Waliwo omuntu omulala yenna mu kibinja ekyo eyayolekagana n'okusoomoozebwa okufaananako bwe kutyo?

Omulamwa nnamba 7: Okusalawo n'okugonjoola ebizibu

Ebitandika Emboozi

1. Singa osobola okutambula wonna, kyandibadde ludda wa? Lwaaki?
2. Singa osobola okusisinkana omuntu omu ow'ettutumu, yandibadde ani? Kiki kye wandyagadde okwogerako?

EBIRIMU VIDIYO: Kakasa nti vidiyoewerekeddeko mu kitundu jino! Akatambi kano kawandiikiddwaako nti *'Okusalawo n'okugonjoola ebizibu'*

Okubumbako:

Buli lunaku tusalawo amakumi agawera

Emitendera gy'okusalawo mulimu:

- Lambulula ekizibu
- Okukubaganya ebirowoozo ku ngeri y‟okugonjoolamu ensonga n‟okuwandiika eby‟okulonda
- Noonya amagezi okuva mu balala
- Lowooza ku ngeri zonna oba engeri endala eziriwo, era teebereza ku ebiva mu buli kivaamu
- Okusalawo ekitumbula ekivaamu ekisinga obulungi

Ebibuuzo Ebikubaganya ebirowoozo:

1. Ekimu ku bisaliddwawo leero kye ki? Kino wakituukako otya?
2. Bintu ki eby'enjawulo bye walowoozaako ng'osalawo kino?
3. Walowooza ku ky'okusalawo, oba wakikola otomatiki?
4. Waliwo by'osalawo mu bulamu bwo oba mu bizinensi yo by'olina okwebuuza ku balala? Ani gw'okola okwebuuzaako? Lwaki oba lwaki nedda?

Okwekkaanya!

1. Ogezezzaako okussaamu ekirowoozo kyonna okuva mu wiiki ewedde? Olina ekibuuzo ekirala kyonna ky'oyagala ekibiina okuva lwe twasembayo okukubaganya ebirowoozo?
2. Kiki ekikyasinze okukusoomooza mu bizinensi yo wiiki eno? Okola otya okukivvuunuka? Waliwo omuntu omulala yenna mu kibinja ekyo eyayolekagana n'okusoomoozebwa okufaanana nako bwe kutyo?

EKIWANDIKO EKIKUWEBWA: EMPAPULO EZ'OKUSALAWO

ENKOZESA Y'ENSONGA:

Olina omulimu gw'obadde okola ennyo kuba otereka ssente okugula obugaali okuyambako mu bizinensi yo. Mukwano gwo omukulu ajja gy'oli n'akubuuza oba osobola okumuwa ssente okugula leediyo. Oyagala kuyamba mukwano gwo naye bw'omuwa ssente ezo tojja kuba na ssente z'otereka okugula obugaali.
Obuzibu buliwa?
Ebimu ku biyinza okugonjoolwamu bye biruwa? Buli omu alina ebirungi n'ebibi ki?
Kiki ky'oyagala okutuukako?

KYOKUSALAWO:

Nnyonnyola embeera n'okusalawo kw'olina okusalawo:
Obuzibu buliwa?
Ebimu ku biyinza okugonjoolwamu bye biruwa? Buli omu alina ebirungi n'ebibi ki?
Kiki ky'oyagala okutuukako?

Omulamwa nnamba 8: empuliziganya ya bizinensi n'empeereza ya bakasitoma

Ebitandika Emboozi

1. Kiki ekimu ekiyinza okwewuunyisa ekibiina ekikukwatako?
2. Omulimu gw'oloota gwe guliwa?

EBIRIMU VIDIYO: Kakasa nti vidiyoewerekeddeko mu kitundu jino! Akatambi kano kawandiikiddwaako nti *'empuliziganya ya bizinensi n'empeereza ya bakasitoma'*

Okubumbako:

Waliwo ebika by'empuliziganya eby'enjawulo eri abawuliriza ab'enjawulo. Engeri gy'oyogeramu ne mikwano gyo n'ab'omu maka go eyinza okuba ey'enjawulo ku ngeri gy'oyogeramu ne bakasitoma.

Abantu b'owuliziganya nabo nga nnannyini bizinensi entonotono mulimu: bakasitoma, abagaba ebintu, abatunzi, bannannyini bizinensi endala, poliisi, n'abalala.

- Wandiwuliziganya n'abantu bano mu ngeri y'emu gy'owuliziganyaamu ne mikwano gyo? Lwaki oba lwaki nedda? Lwaki empuliziganya kikulu gy'oli ng'abantu abakola bizinensi?

Empuliziganya yo ne bakasitoma n'abasuubuzi abalala ekola ekifaananyi ekikuddamu. Kino kiyinza okukosa obuwanguzi oba okulemererwa kwa bizinensi yo.

Empuliziganya ya bizinensi erina okuba: enkakkamu, etali ya njawulo, entuufu, ey'empisa, era ey'ekikugu.

Buuza bakasitoma bo kiki ekyanditereeza obumanyirivu bwabwe mu bizinensi yo. Bayinza okuba n'amagezi ku bintu ebirala, empeereza, empuliziganya n'ebirala.

Ebibuuzo Ebikubaganya ebirowoozo:

1. Teebereza nti olina kasitoma eyeemulugunya ku mutindo gw'ekintu oba empeereza okuva mu bizinensi yo, naye ng'olowooza nti kasitoma mukyamu. Kiki kyewandigambye kasitoma mu mbeera eno?
2. Lowooza ku kiseera ky'obadde kasitoma era ng'ofunye obumanyirivu mu kuweereza bakasitoma obulungi. Kiki nnannyini bizinensi kye yakola ekyakuleetera okuwulira nti kyali kirungi?
3. Lowooza ku kiseera w'obadde oggwaamu essuubi mu kuweereza bakasitoma. Lwaki waggwaamu essuubi? Kiki nnannyini bizinensi kye yandikoze mu ngeri ey'enjawulo?
4. Ogezezzaako okuteesa ne supplier oba landlord ku bbeeyi eya wansi? Emboozi yatambula etya? Wandikoze ekintu eky'enjawulo mu biseera eby'omu maaso?

Omulamwa nnamba 9: Okuddukanya obutakkaanya mu bizinensi

Ebitandika Emboozi

1. Singa osobola okuwaayo obukadde bwa ddoola eri ekitongole kyonna eky'obwannakyewa wandironze ensonga ki?

EBIRIMU VIDIYO: Kakasa nti vidiyoewerekeddeko mu kitundu jino! Akatambi kano kawandiikiddwaako nti *'Okuddukanya obutakkaanya mu bizinesi'*

Okubumbako:

Obutakkanya: buyinza okubaawo ng'enjuyi bbiri oba okusingawo tezikkiriziganya oba nga waliwo ekizibu ate abantu ne baagala, eby'okugonjoola eby'enjawulo. Enkaayana ziyinza okulabika nga za njawulo okusinziira ku mbeera

Okukkanya: embeera y'okuwangula-n'okuwangula (win-win) abantu abali mu butakkanya mwe bajja eky'okugonjoola enjuyi zombi kye zisanyukira

Obukodyo bw'okugonjoola: Kozesa Okulekerawo- Okulwooza- Okukola

- **Okulekerawo**
  - Yimirirako ng'obukuubagano tebunnayongera kweyongera
- **Okulowooza**
  - **Okunnyonnyola ekizibu**: Olina okwekenneenya endowooza za buli muntu ali mu butakkaanya era owe buli mutu omukisa okugabana ebirowoozo bye.
  - **Kubaganya** ebirowoozo ku embeera abantu abali mu butakkanya mwe bajja eky'okugonjoola enjuyi zombi kye zisanyukira
  - **Londa** eky'okugonjoola ekisinga obulungi: Olina okulowooza ku byetaago bya buli muntu
- **Okukola**
  - **Kola** eky'okugonjoola ky'olonze

  - Bikkiriziddwa buli muntu
  - Bituufu
  - Bilondeddwamu
  - Okubeera mu bbalansi
  - Bikola ku nsonga enkulu n'ebyetaago by'enjuyi zombi

Ebibuuzo eby'okukubaganya ebirowoozo:

1. Butakkanya ki bw'oyolekedde mu bizinensi oba awaka?
2. Obutakkanya buno wabugonjoola otya? Kiki ekyakola ku bukodyo bwo? Kiki ekyali ekizibu mu kugonjoola obutakkanya buno?
3. Abasajja oba abakazi boolekagana n'okusoomozebwa okw'enjawulo mu kukendeeza ku butakkanya? Batya?

Okwekkaanya!

1. Ogezezzaako okussaamu ekilowozo kyona okuva mu wiiki ewedde? Olina ekibuuzo ekirara kyonnakyoyagala okubuza eri ekibiina okuva lwe twasembaayo okukubaganya ebirowozo

Omulamwa nnamba 10: Okuddukanya obudde ne Situleesi

Ebitandika Emboozi

1. Emmere ki gy'oyagala ennyo?
2. Onyumirwa nnyo okufumba? Kiki kye wandyagadde okuyiga okufumba?

EBIRIMU VIDIYO: Kakasa nti vidiyoewerekeddeko mu kitundu jino! Akatambi kano kawandiikiddwaako nti *'Okuddukanya obudde ne situleesi'*

Okubumbako:

Enzirukanya y'Ebiseera

Enkozesa y'obudde: okukozesa obudde bwo mu ngeri ennungi, ku mulimu n'awaka

Amagezi ku ngeri y'okukozesaamu obudde:

- Okukulembeza: Lowooza ku mulimu ogusinga obukulu, era sooka okole, .
- Okubeera n'enkola: Okusigala ng'otegekeddwa bulungi kiyinza okukuyamba okutuukiriza ky'okola beetaaga okukola. Lowooza ku kuwandiika olukalala lw'emirimu gy'okola emikulu. Kola enteekateeka okuteekateeka ddi lw'onookola buli mulimu.
- Kikole kyokka: Okulwawo okukola kiyinza okuba ekizibu ekinene eri okukozesa obudde. Okugezaako okukola omulimu mu budde okwewala okulwawo.
- Weefaako: Otulo otumala, okulya obulungi, n'okusigala okukola kisobola okukuyamba okuwulira obulungi n'okuddukanya obulungi ebiseera byo, .
- Gufuule omuze: Bw'omala okukola enkola ey'okuddukanya obudde bwo, nywerera ku nsonga nga kirimu okubeera ekikwatagana.

Okuziyiza Situleesi

Okukoowa: okuwulira nga ozitooweredwa oba nga tosobola kugumira puleesa y'ebirowoozo oba ey'ebirowoozo.

- **Situleesi ya bulijjo.** Omuntu yenna ayinza okufuna situleesi olw'ensonga ez'enjawulo: emirimu, amaka, eby'ensimbi, eby'obuntu, eby'enneewulira, n'ebirala. **Okufuga situleesi** kiyinza okukwanguyira okugumira obulamu bwaffe. Bwe tuddukanya situleesi, tusobola: okulongoosa engeri gye tuddamu mu nneewulira, okweyongera amaanyi, okwekkiririzaamu okweyongera, obulamu obulungi, enkolagana ennungi, n‟okukola obulungi n‟okukola obulungi ku mulimu/mu bizinensi.
  - Eby'okulabirako by'engeri y'okukola ku situleesi:
    - Okuzannya omuzannyo.
    - Okuwandiika mu jurnal.
    - Okwogera ne mukwano gwo oba ow'omu maka go ku nneewulira zo.
    - Okuwuliriza ennyimba.

- Dduyiro w'okussa. Okugeza okussa essira ku mukka gwo, okussa ng'oyita mu kamwa n'okufuluma ng'oyita mu nnyindo, okussa ennyo n'okubala okutuuka ku 10, okuziba amaaso n'okukuba ekifaananyi ky'ekifo ky'oyagala ng'ossa nnyo.

Ebibuuzo Ebikubaganya ebirowoozo:

1. Buvunaanyizibwa ki bw'oddukanya n'obudde bwo?
2. Situleesi n'obuvunaanyizibwa bw'amaka bikwata bitya abasajja n'abakazi mu ngeri ey'enjawulo?
3. Bukodyo ki bw'okozesa okukozesa obulungi ebiseera byo? Obukodyo buno bukola? Lwaki oba lwaki nedda?
4. Okwata otya situleesi?

Okwekkaanya!

1. Ogezezzaako okussaamu ekirowoozo kyonna okuva mu wiiki ewedde? Olina ekibuuzo ekirala kyonna ky'oyagala ekibiina okuva lwe twasembayo okukubaganya ebirowoozo?
2. Kiki ekyasinze okukusoomooza mu bizinensi yo wiiki eno? Okola otya okukivvuunuka? Waliwo omuntu omulala yenna mu kibinja ekyo eyayolekagana n'okusoomoozebwa okufaananako bwe kutyo?

ENKIIKO OLUVANYUMA LW'OMULAMWA NNAMBA 10

Tandika n'okutandika emboozi ey'obuntu etaliiko kakwate na bizinensi. Kiki ky'obadde olowoozaako gye buvuddeko? Kiki ky'oyagala okubuulira abantu abalala mu kibiina ekikukwatako?

Teesa ku kusoomoozebwa bizinensi yo kw'eyolekedde mu kiseera kino. Okola otya okukivvuunuka? Waliwo omuntu omulala yenna mu kibinja ekyo eyayolekagana n'okusoomoozebwa okufaananako bwe kutyo?

Weekenneenye ebiruubirirwa bye wateekawo mu biseera ebiyise ku kutereka bizinensi, okutereka kw'omuntu ku bubwe, n'okuddukanya emirimu.

- Biruubirirwa ki bye wateekawo?
- Otuukiriza ebiruubirirwa byo? Oli ku mulamwa okutuukiriza ebiruubirirwa byo?
- Lwaki oba lwaki nedda? Osaanidde okukyusakyusa mu biruubirirwa byo?

Weekenneenye emitwe okuva mu bitundu 10 ebisooka:

- Ntuula ki ezandibadde okuyamba okuddamu okwetegereza?
- Ogezezzaako okussaamu ebirowoozo byonna okuva mu ntuula eziyise?
- Olina ebibuuzo ebirala by'olina okubuuza ekibiina?

Londa ebibuuzo ebirala ebyandiyambye okukubaganya ebirowoozo. Ebimu ku birowoozo ku bitundu eby'enjawulo bye bino:

- Osalawo otya ebika by'ebintu by'olina okutereka? Obalirira ku... amagoba ku buli kintu ky'otunda?
- Oziyiza otya oba oddukanya otya okuggwaawo kwa sitooka?
- Kiki ky'okola ng'olina okufuna ebbanja?
- Ofuna otya abasuubuzi abasinga obulungi? Omanyi bannannyini bizinensi abalala mu mulimu gwa bammemba b'ekibiina kyo oba abagaba ebintu b'oyinza okubayungako?
- Ogula mu bungi okufuna emiwendo emirungi ku bikozesebwa?
- Olowoozezza ku ky'okupangisa omukozi? Oddukanya otya abakozi b'olina?
- Biki ebimu ku bulabe eri bizinensi yo? Obulabe obwo okola otya?
- Obaddeko ebbanja lyonna ku bizinensi yo? Oddukanya otya okusasula?
- Wandyagadde bizinensi yo ebeere etya mu myaka mitono okuva kati?
- Olowooza embeera ya bizinensi mu kitundu kino ejja kuba ya njawulo omwaka gumu okuva kati? Olowooza embeera ya bizinensi ekyuse etya mu mwaka oguwedde?

Aw'okuwandika

Aw'okuwandika

Aw'okuwandika

Aw'okuwandika

Aw'okuwandika

Kkopi ya foomu y'okukkiriza kw'omwetabi

Study number: STUDY00004574 Principal Investigator (s): Andrew Zeitlin

Title: Evaluating the Refugees in East Africa: Boosting Urban Innovations for Livelihoods Development (Re:Build) Program-Uganda

Okufuna olukusa okusobola okwetaba mu kunonyereza okw'abantu
Georgetown University

Ekifo: Kampala, Uganda
Abanonyereza:

Travis Baseler, Department of Economics, University of Rochester
Thomas Ginn, Center for Global Development (CGD), Washington DC
Ibrahim Kasirye, Economic Policy Research Centre (EPRC), Makerere University **Andrew Zeitlin,** Georgetown University Washington DC

Ekiwandiiko eky'okusalawo okutali kwabuwaze eri abetabi

Obubaka obukwata ku bye mugenda okola : Bino wamanga mu bufunze, bigya kuyamba okusalawo oba wenyigiramu mu kunonyereza kuno. Ebisingawo oggya kubisanga edda mu kiwandiiko kino.

Lwaki mpitibwa okwetaba mu kunonyereza kuno?

Nkolera mu Georgetown University era nga njagala okusaba okwenyigira mu kunonyereza Georgetown University, University ya Rochester, ne Center for Global Development kwetegese nga begatidwako International Rescue Committee (IRC). Osabibwa okwetaba mu kunonyereza kuno kubanga olina ebisanyizo ebikukiriza okuyingira mu project ya ReBuild eya IRC. Omugaso gw'okunonyereza kuno kwe kusobola okwetegereza enkola ez'enjawulo eza project ya ReBuild okusobola okutegeera n'okupima era n'okumanya oba esobola okuyamba okutumbula eby'enfuna n'embeera z'abantu wamu n'okusobola okutumbula enkolagana y'abantu mu bitundu abantu mwebabeera

Biki byenina okumanya ku kunonyereza?

Waliwo aggya okukunyonyola ebikwata ku kunonyereza kuno?
Oba wenyigira mu kunonyereza kuno oba nedda, kiri eri ggwe
Osobola okusalawo obutenyigira mu kunonyereza kuno
Osobola okusalawo okwenyigira mu ate oluvanyuma n'osalawo okuvamu
Kyosalawo tekiggya kukukosa mu ngeri yonna
Osobola okubuuza ebibuuzo byonna byoyagala nga tonasalawo kwenyigira mukunonyereza

Lwaki okunonyereza kuno kukolebwa?

Okunonyereza kuno kugezaako kutegera oba Re Build microenterprise pulogulamu erina omugaso ate era eyamba abantu IRC beyamba ne bitundu mwebabeera, era ebayamba etya. Twagala okutegera oba ekola bulungi okukendeeza ebizibu by'abantu IRC beyamba nga balina ebisanyizo byo kubeera mu microenterprise pulogulamu. Okunonyereza kuno kuggya kutunulira pulogulamu kyekoze mu: Kutumbula okwekiririzamu n'obusobozi okusobola okutandikawo era nokudukanya bizinesi; okwongera ebyo ebiyamba abantu okufuna emirimu, okwongera kuyingiza ya sente n'ebintu ebikalu n'okufuna emirembe n'okwenyigira mu bantu abalala abakola bizinesi mu kitundu kyo era ne mu Kampala.

Okunonyereza kuno kulubirira okuyiga emisomo egisobola okuyamba okutumbula pulogulamu z'embeera nebyenfuna by'abantu ez'omumaaso n'ebyo ebikolebwa IRC n'ebitongole ebirala ebiyamba abantu nga bikola nabavubuka nabantu ebetaaga obuyambi mu nsi yonna.

The International Rescue Committee (IRC) ye yegatidwako ebitongole ebirala okusobola okukola okunonyereza kuno. IRC erina pulogulamu eyemyaka etaano nga ewagirwa IKEA foundation nga eyitibwa Refugees in East Africa: Boosting Urban Innovations for Livelihoods Development (ReBuild). Eno pulogram erina ebintu bingi byekola okusobola okuyamba abo abayamba abanonyi bobubudamu nabatalina mwasirizi mu bitundu bya Kampala. Okunonyereza kuno kuggya ku tunulira nnyo enkola ya microenterprise mu pulogulamu eno era eggya kuberamu enkola eya science Randonized controlled trial (RCT).

Okunonyereza kunatwala banga ki era biki ebinetaagisa?

Osabidwa okwenyigira mu kunonyereza kuno kubanga wasaba okwegata ku pulogulamu ya ReBuild microenterprise e Kampala. Bwon'osalawo okwenyigira mu, tusubira nti oggya kuberawo okumala emyezi kumi namunaana (18Months). Manya nti bwewanabeera wo embeera ya Covid 19, ey'omugalo mu biseera eby'omumaaso, pulogulamu tugya kugiyimirizamu era n'obudde pilogulamu bwenetambuliramu eggya kweyongerayo nga bwetulinda okugulawo. Eyo bweneba nga yembeera eriwo, oggya kutukirirwa aba IRC bakubulire enkyukakyuka eno nabiki ebinakolebwa munkyukakyuka eno

Nga bwe mumanyi, enteekateeka eno ye tanirwa nnyo era nga IRC eyinza obutasobola mu kiseera kino kulonda buli muntu. IRC ekozesa enkola y'akalulu okusobola okulonda ani asobola okwetaba.

Abo abanaaba balondedwamu, IRC egya kukozesa kalulu okusalawo buyambi ki bwenabawa n'engeri abantu bano gyebanafunamu obuyabi buno. Okusobola okutegera bitundu ki ebya microenterprise pulogulamu ebikola obulungi, abamu ku benyigidde mu kunonyereza kuno baggya kufuna obuyambi okuva mu ReBuild microenterprise ate abamu tebaggya kufuna. Okugeza; abamu bayinza okufuna obuyambi obw'ensibi okutandikawo bizinesi ate abalala bayinza okufuna obuyambi obw'ensimbi wamu n'okutendekebwa okuva eri abatendesi mu bubondo obwabantu bana bana. Obubondo buno buggya kulondebwa IRC, ate buyinza okubera obwa ekikula ky'abantu, amawanga, amakolero n'emirirwano. Enkiiko n'obubondo bwamwe ziggya kutuulanga omulundi gumu buli sabiiti, nga olukiiko lutuula okumala esaawa emu okumala emyezi mukaaga. IRC eggya kubawayo sente ez'entabula.

Abayigiriza baggya kuwebwayo akasiimo kulw'obudde bwabwe. Bwoba wewaayo okubeera omuyigiriza ate n'otafuna bayizi amangu erinnya lwo ligenda kutekebwa ku lukalala lw'abo abagenda okulinda okuweeba omuyizi mu biseera by'omumaaso.

Buli analondebwa mupulogulamu eno aggya kufuna obuyambi. Naye ate abamu baggya kufuna obuyambi okusooka banaabwe. Abamu baggya kumala emyezi 18 nga tebanafuna buyambi. Ate era waggya nakubawo okwongera okwekenenya abo bonna abalondedwa mbagirawo naabo bonna abanaaba batanafuna buyabi okutuuka omwaka oguggya.

Bwonooba otuuse okufuna obuyambi, mu bubaka obunasooka okukuweebwa,IRC eggya kukuwa obubaka obusokerwako obukwata kunteekateeka eno, oggya kufuna ebitundu byogenda okutendekamu n'ebyo byonosuubira okukola mu maaso. Okwetaba mu kunonyeereza kuno te kutegeeza nti oggya kufuna obuwereza obulala okuva mu nteekateeka ya ReBuild kubanga oggya kuba okyali ku mateeka n'obukwakulizo awamu n'ebisanyiizo bya IRC.

Bwonooba wenyigidde mu kunonyereza oggya kutukirirwa ekitongolole ekitereka ebinonyerezebwako obawe biki byofunye mu pulogulamu eno oba nga bwetambula. Ebinonyerezebwako bino byakukolebwa ku abo abagenda okutekebwa mu bubondo.

Era oggya kutukirirwa mu buntu okumala akaseera emirundi n'emirundi, mu myezi 6 ne 12 nga pulogulamu etandise. Okwekenenya kuno kuggya nga kutwala esaawa nga emu kitundu (saawa1.5). Okwekenenya okumu kuggya kubawo nga pulogulamu tenatandika. Oyinza n'okutukirirwa IRC nga bayita mu SMS oba okutukirira mubuntu okwogera kubikolebwa mu nkiiko gyemutendekebwa ne ku bizinesi yo. Abantu bonna abanenyigira mu kunonyereza baggya kusabibwa okujjuza empapula ezinonyereza era naabo bonna abatanaba kufuna buyambi.

Okwekenenya kuno kwetongodde ku IRC, era IRC teggya kulaba bwozemu bibuuzo. Twagala mubeere n'eddembe era mwogere awatali kutya tusobole okusalawo obulungi ku pulogulaamu eno.

Ebisingawo ku mitendera gy'okunonyereza kuno bisangibwa wansi w'emitwe ***'kiki ekibawo bwenzikiriza nti njagala okubeera mu kunonyereza kuno?'***

Waliwo engeri yonna gyengenda okosebwamu singa nenyigira mu kunonyereza kuno?

Okutwaliza awamu, tewali mbeera z'abulijjo, mateeka oba buzibu mu by'enfuna, byekuusa kukunonyereza kuno bisinga kwebyo IRC byesuubira okusisinkana muntekateeka zaabwe. Emitendera gyonna egye by'obulamu ne by'okwerinda ne by'okudibwamu ebya IRC biggya kuberawo obudde bwonna eri abatendekebwa bonna, awatali kwawulamu kunonyereza ki kwebaliko. Wayinza okubawo okwekengera kwamirundi ebiri kungeri ebyama gyebinakumirwamu n'obutali bumativu mu ngeri y'okuddamu ebibuuzo mu bubondo. Byonna byemunawa abanonyereza tebigya kuwebwa ba IRC mungeri eyinza okuleeta okumanyibwa.

Buli abanonyereza bwe bakutukirira, oggya kusasulwa obudde bwo n'entambula bwonobanga nga bagenda awantu awalala.

Ebisingawo kubuzibu mu kunonyereza kuno ***'Waliwo engeri yonna gyenakosebwamu okubeera mu kunonyereza kuno? (Obuzibu mubujuvu)'***

Okubeera mu kunonyereza kuno kinanyamba kitya?

Tewali kyofuna mubulambulukufu olwokweyigira mu kunonyereza kuno. Naye byotuwa biyinza okuba oby'omugaso mu kutandikawo microenterprise n'okutendeka mubiseera obyomumaaso. Abantu ababulijjo abatunda kamu kamu, n'abe byobusubuzi nabo bayinza okuganyulwamu mu kuddamu kwemutuwa mumaaso.

Kiki ekibawo bwemba saagala kwenyigira mu kunonyereza kuno?

Okwenyigira mu kunonyereza kuno si kwabuwaze. Osobola okusalawo okwenyigira mu oba obutenyigiramu. Ekirala kyolina okukola bwebutenyigiramu.

Mubujuvu: Bino wamanga byebikwata kukunonyereza nga twongereza ku byetwogedeko waggulu

Ani gwenyinza okwogera naye?

Bwoba olina ekibuuzo kyonna ekyekuusa kukunonyereza kuno, tukirira omunonyereza womunsi eyo Ibrahim Kasirye ku +256 414541023. Oyinza nokutukirira IRC mubudde bwonna n'ebibuuzo byonna byolina, okwemulugunya, nga bikwata ku kunonyereza nga oyita ku ssimu zino ;+256740312273 oba 0200925971. Ogya kusigazako olupapula olwolukusa.

Okunonyereza kuno kwekenenyezeddwa era ne kukakasibwa Institutional Review Board (‘IRB’). Osobola okwogera nabo ku +1 (202)6871506 (US namba) oba

irboard@georgetown.edu, oba osobola okukubira sentebe wa Higher Degrees, Research ne Ethics Committee (HDREC) (Dr: Suzanne Kiwanuka on 077 288 6377).

Bwekiba nga:

Ebibuuzo byo, nokwemulugunya kwo tebidibwamu abanonyereza
Tosobola kutukirira banonyereza
Oyagala kwogera n’omuntu omulala atali kubanonyereza
Olina ebibuuzo ebikwata ku ddembe lyo nga anonyerezebwako?
Oyagala kufuna bubaka aba olina kyogatako kukunonyereza kuno

Abantu bameka abananonyerezebwako?

Tusubiira nti waggya kubawo abantu nga nkumi satu (3000) abanenyigira mu musomo guno

Kiki ekibawo bwengaana, saagala kwenyigira mu kunonyereza kuno?

Bwosalawo obutenyigira mu kunonyereza, togya kubeera mwabo abanaba balondedwa okugezesa ate era toggya kudamu ku tukirirwa banonyereza okukugyako ebikukwatako birala.

Kiki ekibawo bwe nzikiriza,Njagala okubeera mu kunonyereza kuno?

Okukiriza kwo okwenyigira mukunonyereza kuno tekitegeza nti oggya kufuna obuyambi. Nga bwekinyonyodwa wagulu IRC teggya kusobola kuwereza buli omu, yadde abo abakirizza okwetaba mukunonyereza.

Bwoba okirizza okwenyigira mukunonyereza, waggya kubawo okwekenenya leero nga kukolebwa aba IRC. Okwekenyenya kuno si kwabuwaze, naye ate nga bwotakwenyigiramu era kigyakuba nga asazeewo obutenyigira mukunonyereza kuno kwonna. IRC eggya kukola okunonyereza kwamulundi gumu olwa leero, okunoyereza kumu nga pulogulamu egenda mumaaso n’okunonyereza okusembayo nga pulogulamu ewedde. Muggya kusabibwa okuddamu ebibuuzo nga mwogera, era okudibwamu kwamwe kuggya kuba kukwatibwa ku katambi. Okunonyereza okwaleero kuggya kuba kwa saawa emu

Abalondeddwa, baggya kutukirirwa ekitongole ekinonyereza ekyebweru. Wadde nga IRC ekunganya ebidibwamu buli kiseeera nga ekitundu ku pulogulamu yabwe, ekitongole ekyebweru kiggya kukunganya ebiddibwamu kukunoyereza kuno kwokka, era okuddibwamu okunawebwa abakunganya okuva mukitongole ekyo ebiddibwamu tebigya kuweebwa ba IRC oba omuntu yenna wabweru wa banyonyereza mu ngeri eyinza okuba nga ekukwatako mungeri gye bayinza okutegera.

Okusinziira kukunonyereza kwo lwaleero, omutendera oguddako ogw’abo abalondeddwa mukunonyereza, kuggya kusinziira kukunonyereza okwasooka. Okwenyigira mukunoyereza okwasooka kwetagisa eri abo abaagala okufuna obuyambi okuva mu IRC mu kunonyereza okwo; Naye nga tukola okunoyereza okusooka abetabye mu kunonyereza baggya kuba n’omukisa obutadamu bibuuzo ebimu bwobaba tewekakasa kyoddamu. Bwoba osazeewo obutenyigira mukunonyereza okusooka toggya kufuna buyambi bwonna mu kunonyereza kuno wadde nga kino tekiggya kukosa bisanyizo byo okufuna obuyambi bwa IRC obulala oba mubiseera eby’omumaaso okusobola okutendekebwa oba okuyambibwa ne sente za bizinesi eza IRC.

Mu pulogulamu yonna, abanonyereza baggya kuttukirira okukubuuza ebibuuzo okwongera okunyonyoka ku kuddibwamu kwo okwasooka. IRC eggya kuwa ebikukwatako ekitongole ekyebweru, omuli, elinnya lyo, gyobeera,essimu, amazalibwa ne namba ya ndagamuntu yo, basobole okukakasa nti bogera n’omuntu omutuufu. Nga bwe kyogeddwako wagulu, okunonyereza okwasooka okw’esaawa emu n’ekitundu kiggya kubawo emirundi mukaaga (6): nga temunaba kutandika, era ne mu myezi 3,6,9,12 ne mu myezi 18 nga pulogulamu emaze okutandika. Okunoyereza kuno kwetongodde ku IRC, era IRC teggya kulaba bwe munaddamu bibuuzo bino. Waggya kubawo SMS n’okunonyereza okutali kwakudibwamu nga biva ku IRC buli luvanyuma lwa sabiiti bbiri. Akatambi akampi akamalobozi nako kayinza okukozesebwa mukunonyereza okusobola okukuuma omutindo. Akatambi kaggya kusigala nabanonyereza era kasiimurwe oluvanyuma lwokunonyereza. Buli kunonyereza waggya kubawo empapula ezisaba olukusa eri abo abanaba betabyemu mu kiseera ekyo. Okwenyigira mukunonyereza, n’okuddamu ekibuuzo mu buli kunonyereza, sikyabuwaze.

Wakati w’enkiiko z’okutendekebwa, n’okwekenenya kwa IRC, n’ekitongole ekitereka ebinonyerezebwako, abatendekebwa balina okusubira pulogulamu eno okubatwalangako esaawa nga satu (saawa 3) buli sabiiti.

Manya nti enteekateeka ziyinza okukyukamu esaawa yonna ngakiva ku mbeera yo kwerinda n’okugoberera abiragiro bya COVID. Okusingira dal, empereza eyinda okulwawo era ne pilogulamu ezimu ez’omuntu kinnomu ziyinza okugyibwawo oba empereza nekyuka netuyita ku masimu oba e-mail. Bwekibanga ebiragiro bya covid tebitusobozesa kukuba nkiiko bulungi, Bwe wabawo okuyimirizamu, enkyukakyuka oba okulwawo mu mpereza,IRC eggya kukutukirira okukubulira engeri gye munagenda mu maaso.

Kiki ekiyinza okubawo singa nzikiriza, naye nenekyusa?
Osobola okuva mu kunonyereza kuno esaawa yonna. Tekiggya ku kukosa mungeri yonna nga tusalawo obuyambi bwa IRC mu biseera eby’omumaaso.

Waliwo engeri yonna okubeera mu kunonyereza kuno gye kuyinza okunkosamu? (ebyelarikiriza mubulambulukufu) Tewali byelarikiriza mu bizinesi oba ab’omumaka go bw’oyingira mu kunonyereza kuno okuggyako ebyeralikiza ebibiri wamanga

- **<u>Okukuuma ebyama:</u>** Ebyokuddibwamu byamwe biggya kuba bikozesebwa mukunonyereza kwokka. Tewali biddibwamu byamwe biggya kuwebwa IRC mungeri gye bayinza okukutegera yadde kiyinza obutasoboka. Waliwo okweralikirira obutesiga muntu. Ebidibwamu byamwe bigya kukwatibwa nabwegendereza okusobola okukuuma erinnya lyo,ebikukwatako bigya kuterekebwa butiribiri, ebikukwatako bigyakuteekerwa mu kifo ekyekusifu, ebyo ebilaga ebikwatako bigyakusangulwa mu biwandiko byonna ebinawebwa abantu abalala, oba ekiwandiiko kyonna, oba ebisomebwa mu lusiisira oluvudde mukunonyereza.
- **<u>Obutaba mumativu:</u>** Ebibuuzo ebimu ebibuuzibwa oba ebinoonya ebilowoozo okuva mu bantu biyinza okukunyiiza. Oli wa ddembe obutadamu bibuuzo byotayagala kuddamu oba oyinza okuyimiriza akubuuza awatali kukosa byoyinza kufuna okuva mu IRC.

Ebintu byonna ebiyinza okweralikiriza ebikwatagana n'okugaba ssente bikendeezebwa okusinziira nti IRC erina erinnya eddungi mu kukuuma nga bawa obuyambi obwekika kino nga basubira era ne bafuna engeri gye bakiziyizamu mu eby'enfuna, eby'obufuzi, eby'obwongo oba eby'amateeka kubantu be bawereza.

Olwokuba nga pulogulamu ya ttunzi, oyinza okulondebwa atte nga olina okulinda okumala omwaka oba okusingawo nga tonafuna buyambi ng'ate wayingira mu kunonyereza. Tetulaba wo buzibu bwamanyi mubino, kuba abantu bonna abenyigidde mukunonyereza baggya kufuna okuyambibwa

Kiki ekitukawo kubikunganyizibwa okuva mukunonyereza?
Tuggya kufuba okulaba nga tu kuuma byonna ebikukwatako okusinzira kumateeka nga bwegalagira. Abanonyereza tebaggya kugaba bikukwatako eri omuntu yenna atali kubanonyereza ate tebaggya ku biwa ba IRC. Naye, ate tetusobola kukakasa nti tewagya kuberawo kusasaana kutali mu mateeka.

Byonna ebinatubulirwa biggya kukunganyizibwa ne pulogulamu esobola okukuuma ebyama byetukunganyiiza. Abakunganya abenyigidde mu kunonyereza kuno bokka bebaggya okusobola okufuna ekisumuluzo okusobola okusoma okuva ku Georgetown University, University of Rochester, ne center for Global Development, ne Economic Policy Research Center in Uganda. Ebiwandiiko bya abenyigira mu kukunganya biterekebwa mu Georgetown University's encrypted folder via a remote server. Ebikunganyiziddwa ekitongole ekitereka ebiwandiiko nga bitegerekeka tebiriwebwa IRC, oba omuntu omulala oba oku wanulibwa ku mitimbagano gy'ebyuuma bi karimagezi okugyako ebyo ebya Georgetown University. Ebyo byokka ebinaaba bikyusiddwamu byebinawerezebwa eri abantu abalala.

Temuggya kumanyibwa mu alipota oba ebitabo ebinawandiikibwa okuva mu kunonyereza kuno. Nga ogasseko abanoonya nebitongole ebinonyereza abali mu kuddukanya okunonyereza kuno, ebitongole ebinasaba okwekenenya ne /oba okukozesa ebyava mukunonyereza n'okusobola okukakasa omutindo, okwekenenya ne bikwata kukunonyereza okusobola okubayamba mu bukulembeze, ng'ogaseeko obubondo nga: Georgetown University Institutional Review Board (IRB), the Makerere University School of Public Health Research and Ethics Committee (SPH-REC), ne Uganda National Council for Science and Technology (UNCST). Aba IRC tebaggya kusobola kufuna biwandiiko byamwe wamu nebyo bye munaaba muwadde abakunganya tebiggya kuwebwa ba IRC.

Ebiraga ebikukwatako bwebiba nga bigyiddwa ku biwandiiko ebikosezeddwa mu kunonyereza, ebiwandiiko biba bisobola okukozesebwa mu kunonyereza mu biseera eby'omumaaso oba okusasanyizibwa mu banonyereza abalala okukozesa mu kunonyereza okw'omumaaso nga temuzeemu kuwa lukusa

Nsobola okugwibwa mu kunonyereza kuno nga sikiriza?
Bwewabanga waliwo ebyekuusa ku bukuumi eri banno abalala abali mu kunonyereza oba IRC, ate ne IRC nga esazeewo, kiyinza okuleetera omuntu okugyibwa mu kunonyereza. Omuntu akulira okunonyereza oba musigansimbi yasobola okukuggya mu kunonyereza kuno nga takwebuuzizaako.

Your signature documents your permission to take part in this research. **Signature Block for Capable Adult**

Signature of subject	Date
Printed name of subject	
Signature of person obtaining consent	Date
Printed name of person obtaining consent	IRB Approval Date

Webale kwetaba!